



**FCNI Education Committee  
invites you to join us for**

## **“Gray Matters: Understanding Substance Use Disorders in Older Adults”**



**Presenter: Kay King from MN NAMI (National Alliance on Mental Illness)**

**Date: Saturday, October 28, 2023**

**Time: 9 am to 12 noon Central Time on Zoom**

Learn why abuse of alcohol, drugs and prescription medications, among older adults, is one of the fastest growing health problems in the U.S.

**Objectives:**

1. Describe the negative consequences of improper use or overuse of substances.
2. Identify age-related changes that can elevate an older adult’s sensitivity to their effects.
3. Discuss co-occurring disorders and older adult resources.

**Registration: CNE 2.25 ANCC contact hours**

**\$40.00 for Members; \$60.00 for Nonmembers**

Kay King is an adult community educator and older adults program coordinator. Each year she teaches about 4,000 families, professionals, community members and people living with mental illness about good mental health, suicide prevention and mental illness.

**Faith Community Nurses International**  
[www.fcniinternational.org](http://www.fcniinternational.org)